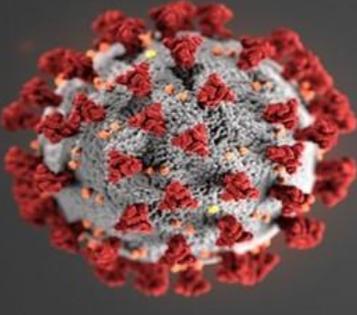


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**COVID-19 (Coronavirus)
Information**

VA |  **U.S. Department of Veterans Affairs**
Veterans Health Administration
Central Arkansas Veterans Healthcare System

March 20, 2020 -- The Very Latest From Your VA Medical Center

CAVHS COVID-19 INFO HOTLINE
1-888-357-1978
Little Rock local: 501-257-1978

CAVHS now has a toll-free hot line for COVID-19 Information. If you have symptoms that include fever, consistent cough, flu-like aches, please call ahead to your clinic, or call the after hours Nurse Triage line at 501-257-2006.

Changes to Hospital Entry Options

As the spread of coronavirus continues, CAVHS is taking all possible protective measures to slow the rate of infection. As of Monday, March 23, only the South Entrance to John L. McClellan Memorial Veterans Hospital will be open to general

entry for clinics, travel, pharmacy, imaging and other services. The Emergency Department entrance off of the main entrance will remain open to emergency foot traffic.

Entry to our Fort Roots facilities and the Eugene J. Towbin VA Medical Center continue to be via the Pershing Blvd./Cypress St. screening check point.

Curb-side pickup pharmacy services available in Little Rock and North Little Rock

CAVHS will begin offering curb-side prescription pickup services March 23 for urgently-needed medicines.

Mail-out prescription service remains your best option using MyHealtheVet or by calling 1-888-492-7845 or 501-257-1549.

If you have an **Urgent** need to pick up your prescription, call **501-257-2900** to arrange curb-side service. The service is available at John L. McClellan Memorial Veterans Hospital in Little Rock from 8:30 a.m. to 5:30 p.m.; and at the Eugene J. Towbin VA Medical Center in North Little Rock from 8:30 a.m. to 4:30 p.m.

Managing your health at home



ridesharing, or taxis.

If you are feeling sick or confirmed to have COVID-19, stay home. If you must go out avoid public transportation,



Wash your hands often with soap and water for at least 20 seconds or clean your hands with an alcohol-based hand sanitizer.



Monitor your symptoms carefully. If symptoms get worse, call your provider.



Get rest and stay hydrated.



If you have an appointment with a CAVHS provider and are symptomatic, call ahead for instructions. VA Video

Connect, Telehealth, or Secure Messaging may be a good alternative.



If you are sick: You should wear a facemask when you are around other people and before you enter a healthcare provider's office. **If you are caring for others:** If the person who is sick is not able to wear a facemask (for example, because it causes trouble breathing), then people who live in the home should stay in a different room. When caregivers enter the room of the sick person, they should wear a facemask. Visitors, other than caregivers, are not recommended.



As much as possible, stay in a specific room and away from other people in your home. Use a separate bathroom, if available. Wear a mask if you need to be around others.



Avoid sharing personal items with other people in your household, like dishes, towels, and bedding.



Clean all surfaces that are touched often, like counters, tabletops, and doorknobs. Use household cleaning sprays or wipes according to the label instructions.



Cover your cough and sneezes.

1-888-357-1978 - COVID-19 Info Hotline

After hours Nurse Triage Line - 501-257-2006

For more information, check out the [CDC website on coronavirus](#).

Keep updated & let us know how we're doing.



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